

Does your digital technology lead to shalom?

# Cultivating God's Gift of Technology

Practicing digital safety and wellbeing

**Distraction → shallow thinking  
→ shallow living**

"Keep your eyes straight ahead; ignore all side show distractions" Psalm 86:11 MSG

We are at war with distractions: identify them; measure them; delete them; cultivate concentration; and carve digital-free time  
**"Teach me your ways, O Lord..." Psalm 86:11**

Don't settle for a 'convenient' second best with your relationships: Balance real-space with cyber-space **"Love your neighbour as yourself"** Matt 22:39, Eph, 4:29



**Slow the 'fire hydrant' of information down**

Investigating



Spend time with quality not quantity - more information may not lead to a better life! Stop, pause, reflect. Don't just seek information and knowledge: seek wisdom

**"Test everything that is said. Hold on to what is good"**  
1 Thes 5:21 NLT, 1 Peter 4:10

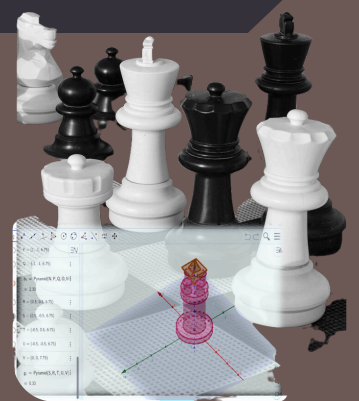
**"Getting wisdom is the wisest thing you can do! And whatever else you do, develop good judgement"** Pr. 4:7

Creating and exchanging

**Use technology for mathematical discovery and play**

This leads to human flourishing - delight in the way God made you

**"You who are young, be happy while you are young... but know that for all these things God will bring you into judgment."** Ecc. 11:9, Pr. 17:22



**Master technology to help find beautiful solutions**

Managing and operating



With God's help, use technology to steward God's world, and find elegant solutions for the problems facing our communities

Genesis 1:27-28.  
Ephesians 2:10

